

Vegetable Accompaniments

Aloo Gobi Potatoes and cauliflower	£4.95
Aloo Peas Bhajee potatoes and peas	£4.95
Bhindi Bhajee Okra	£4.95
Bombay Potatoes Hot and spicy dry potatoes	£4.95
Chana Sag Bhajee Chick peas and spinach	£4.95
Cauliflower Bhajee Tender cauliflower	£4.95
Channa Massala Chick peas cooked with medium spices	£4.95
Dall Sag Spinach and lentils	£4.95
Daal Shamber slightly hot mixed vegetables & lentils	£4.95
Mushroom Bhajee	£4.95
Mutter Panir Mild spiced peas and cottage cheese	£4.95
Sag Aloo Bhajee spinach and potatoes	£4.95
Sag Bhajee Spinach	£4.95
Sag Panir Spicy spinach and cottage cheese	£4.95
Tarka Daal Medium spiced lentils fried with garlic	£4.95
Vegetable Bhajee mixed vegetables	£4.95
Dall Aloo Potatoes and lentils cooked in a medium sauce	£4.95

Sundries

Chips	£3.00
Massala Papadam with Hot Massala spiced	£1.00
Plain Papadam	£0.90
Chutney Tray	small £3.60
Onion salad, mint sauce, mango pickle and mixed pickle	large £4.95
Mixed Raitha	£3.95
Yogurt dip with tomatoes, cucumber, onion and a hint of fresh mint.	
Choice of mixed or plain cucumber	

Special Breads

The perfect accompaniment to your main course

Magzi Nan garnished with herbs and seeds	£3.50
Chapatti Flat unleavened bread cooked in a griddle	£1.95
Garlic Nan stuffed with fresh garlic	£2.95
Keema Nan stuffed with mince meat	£2.95
Plain Nan plain bread cooked in a tandoor	£2.95
Peshwari Nan stuffed with coconut, and almonds	£2.95
Stuffed Nan stuffed with mixed vegetables	£3.50
Paratha soft and flaky griddle-baked flat bread	£2.95
Stuffed Paratha stuffed with mixed vegetables or potatoes	£2.95
Tandoori Roti similar to chapatti but cooked in a clay oven	£2.95
Balti Nan Large plain naan	£5.50

Fragrant Rices

Palok Rice (cooked with spinach)	£3.50
Boiled Rice Plain Boiled Rice	£3.25
Keema Rice Fried rice with minced lamb	£3.50
Mushroom Fried Rice with seasoned fresh mushroom	£3.50
Pilau Rice Grown on the foothills of the Himalayas	£3.50
Special Fried Rice Eggs, peas, onions and spices	£3.50
Garlic Rice	£3.50
Fried Rice (with vegetables or onion)	£3.50
Half & Half	£4.25
Lemon Rice	£3.50
Chana Rice (with chick peas)	£3.50

English Dishes

All these dishes will be served with chips, tomatoes, peas etc

Sirloin Steak	£14.95
Chicken & Chips	£10.95
Omelette (plain)	£9.95
Prawn or Mushroom Omelette	£11.95
Fried Scampi	£10.95
Green Salad	£2.95

Vegetarian Selection

Vegetarian Platter	£14.95
A traditional Indian vegetable meal served on a Thala with a variety of Indian vegetable dishes, accompanied by Polau and chapati	
Mixed Vegetable Korma	£9.95
Very mild and sweet	
Shabzee Balti	£10.95
A mouthwatering mixture of fresh vegetables cooked in a balti style	
Shabzee Paneer	£12.95
Mixed vegetables cooked with cottage cheese, herbs and spices in a medium sauce	
Mushroom Matter Makhana	£11.95
Sautéed mushrooms, green peppers & roasted channa tossed with masala of ginger, tomato, coriander and cream	

Allergen Warning

Please note: Some (or all) of our products may contain Allergens. If you have any allergies please let our staff know and they will be able to advise you on all menu ingredients.

ratings.food.gov.uk

V suitable for vegetarians N contains nuts

Special Set Meals

A Sitar Balti House Special

For Two £52.95 for Four £105.90

Popadom & pickles, Chicken Tikka, Sheek Kebab, Lamb Balti, Chicken & Mushroom Balti, Aloo Gobi, Pilau Rice, Naan.

B Sitar Balti Vegetarian

For Two £42.95 for Four £85.90

Popadom & pickles, Onion Bhajee, Vegetable Samosa, Vegetarian Korma, Vegetable Balti, Sag Aloo, Mushroom Rice, Naan.

C Sitar Balti Sizzler Special

For Two £54.95 for Four £109.90

Popadom & Pickles, Tandoori Cocktail, Lamb Shashleek, Chicken Tikka Lamb Tikka Massala, Bindi Bhajee, Palok Rice, Keema Naan.

Trading as SHADI (NPT) LIMITED
Company registration no. 8338274

All Major Credit Cards Accepted
The Management reserve the right to refuse service to anyone without reason.



FINEST INDIAN CUISINE

In a class of its own...

Menu

01291 627351 / 01291 630048

The Cellar, "St Maur", Beaufort Square,
Chepstow, Monmouthshire NP16 5EP

Opening Times

Sunday, Monday, Tuesday, Wednesday, Thursday
6pm - 11pm (last order 10.30pm)

Friday & Saturday 6pm - 12.00pm (last order 11pm)
Including Bank Holidays

www.sitarbalti.co.uk

Appetisers & Starters

Aloo Chat 	£4.95
Diced boiled potatoes served in a rich sauce with coriander	
Chicken Chat	£5.45
Diced chicken in our special chatt masala sauce	
Chicken Tikka Pakora	£5.95
Golden, crispy parcels containing spiced chicken	
Chicken Tikka or Lamb Tikka	£5.95
Tender pieces of marinated meat grilled on charcoal	
Panir Tikka	£7.95
Marinated Panir cooked in a charcoal oven	
Garlic Mushrooms 	£4.95
Freshly cooked mushrooms in a butter and garlic sauce	
Vegetable Pakora 	£5.45
Crisp, golden mixed vegetable bites cooked with a selection of spices in a gram and wheat flour batter which are deep fried	
Tandoori Cocktail	£6.95
Sheek kebab & Chicken & Lamb tikka served on a hot platter with onions & green peppers	
King Prawn Butterflys	£8.45
Succulent king prawns lightly spiced and deep fried	
King Prawn Puri	£8.95
King prawns marinated and served in rich sauce with deep leavened bread	
Chicken Shashlik	£6.45
Pieces of marinated chicken cooked in the clay oven with green Peppers, onions and tomatoes served in a mint sauce	
Sitar Share Starter	£14.95
2pcs onion bhaje, 2 pcs veg somosa, 2pcs chicken tikka 2pcs sheek kebab	
Mixed Starter	£6.95
A selection of onion bhaji, meat samosa and chicken pakora	
Onion Bhajee 	£4.95
Shredded onion patty with gram flour, cumin, coriander & green chilli	
Deep fried and served with a slice of lemon and mint sauce	
Prawn Cocktail	£5.45
Juicy prawns in our special cocktail sauce	
Prawn Puri	£6.95
Tender prawns served in a rich sauce with deep fried leavened bread	
Samosa	£5.45
Triangular pastry containing lightly spiced meat or vegetables	
Tandoori Salmon Tikka Fillet	£8.95
Dice cut Salmon tikka fillet marinated in tandoori spices and cooked in a clay oven, served with fried onions & peppers.	
Sheek Kebab	£5.50
Marinated minced lamb with herbs and spices, shaped into small sausages and cooked in tandoor	

Tandoori Treasures

Original Indian dish cooked in a clay oven above charcoal heat. Accompanied by a green side salad	
Chicken or Lamb Tikka	£12.95
Marinated in spices and barbecued in a charcoal oven	
Mixed Tandoori Platter	£14.95
Tandoori chicken, lamb tikka, chicken tikka, sheek kebab, shamoi kebab in a mint sauce, green salad	
Tandoori Chicken	£12.95
Half Spring chicken marinated in yoghurt and spices, gently roasted in a charcoal oven	
Tandoori King Prawns	£17.95
King Prawns delicately spiced and cooked in a clay oven	
Tandoori Salmon Tikka Fillet	£14.95
Dice Cut Salmon Tikka Fillet marinated in tandoori spices and cooked in a clay oven, served with fried onions & peppers	
Chicken Shashleek	£12.95
Pieces of marinated chicken cooked in a clay oven with green peppers, onions and tomatoes, served with a mint sauce and green salad	
Panir Shashleek 	£13.95

Specialities

Sitar Balti Special	£13.95
Marinated chicken, minced lamb and whole king prawns cooked with spices and herbs in a medium sauce	
Chicken or Lamb Tikka Massala	£12.95
Marinated pieces of chicken cooked over a flaming charcoal	
Coriander Chicken	£12.95
Breast chicken fillets with freshly ground coriander & exotic spices	
Jaipuri Chicken	£12.95
Sliced chicken in a hot & spicy sauce with chopped green chilli	
Karahi Duck	£15.95
Tender pieces of duck barbecued and toasted in medium spices with onions	
Shatkara	£12.95
Lamb, Chicken or Prawn (very popular Bangladeshi dish) cooked in onions, herbs & medium spices in a medium sauce. The shatkara gives the sauce a citrus flavour.	
Lamb or Chicken Pasander 	£12.95
Lamb cooked in yogurt, mild spices, mixed ground nuts and fresh cream	
Makhani Chicken (with cottage cheese) 	£12.95
Slices of chicken cooked in a rich butter, spices and cream sauce	
Murgi Massala 	£12.95
Tandoori chicken cooked with minced meat and served in a spicy sauce	
Achar Gosht	£12.95
Lamb marinated with garlic, ginger and pickles, then cooked in a hot sauce	
Kofta Narmadil (medium)	£12.95
This dish is cooked in every house in India. Meatballs cooked in oil with an onion based sauce and yogurt	
Zeera Chicken	£12.95
Cattle bone chicken with cumin seeds, onions, tomatoes, capsicum & spices	
Chicken or Lamb Chilli Mossala	£12.95
Cooked in capsicum and tomatoes with rich spice. Slightly hot.	
Tikka Garlic Chilli	£12.95
Marinated tikka chicken, fresh garlic, green chilli, herbs. Fairly hot	
Chana Ghost	£12.95
Diced Lamb pieces cooked with traditional spices & herbs with chick peas. Medium strength with a thick sauce	
Shahi Lamb Rezela	£12.95
Pieces of lamb marinated in yogurt, cooked in pure ghee and a special curry paste, seasoned with roasted garam masala	
House Special! Chicken Moni Puri	£14.95
Whole chicken fillet stuffed with minced lamb, medium spice and tandoored then cooked in a slightly hot sauce	
Rasadaar Balti Ghost	£12.95
Pieces of lamb cooked in oil with traditional spices and tossed with fresh spinach	
Methi Ghost or Murgi	£12.95
Lamb or Chicken cooked in dry Methi leaves (fenugreek leaves) with herbs and spices in a medium thick sauce	
Kemma Aloo Peas Bhuna	£12.95
Minced lamb cooked in potato, peas in a spicy rich sauce	

Fish Specials

Maslader Salmon Fillet	£14.95
Cooked in traditional Bengal style, garnished with fresh coriander, onions, spices and herbs, home style	
Sardine Bortha	£12.95
Minced sardine cooked on onion, fresh coriander and chilli in a thick sauce	
Machli Bhoona	£14.95
A speciality fish from Bangladesh served in a rich spicy masala sauce	
King Prawn Bhoona	£17.95
Medium spiced king prawns in thick sauce	
Tandoori King Prawn Massala 	£17.95
King prawns cooked in a clay oven and served with a rich creamy sauce	

Traditional Dishes

Duck, Chicken, Lamb or Prawn available on all traditional dishes. (Please add an extra £4 for all duck dishes)	
Bhoona (medium dish)	£10.95
A special blend of spices fried together to produce a fairly dry curry	
Dhansak (sweet, sour & hot)	£10.95
This delicious dish originates in ancient Persia and is cooked with lentils, garlic and ginger, to create its own unique sweet and sour and hot	
Duplaza (medium dish)	£10.95
Cooked with an abundance of onions. Do-plazza means two onions. Tasty orange flavour	
Plain Curry	£9.95
Basic medium plain curry cooked with fresh coriander and herb sauce	
Karai (rich)	£12.95
From Northern India and named after the cast iron like wok it is cooked in. With exotic herbs and spices served on a sizzling kahari	
Korma (mild dish) 	£10.95
Of Moghul origin with coconut, almonds, & light spices with generous fresh cream to produce a sweet, creamy and luxurious curry	
Madras (fairly hot)	£10.95
A rich exotic flavour from an abundant use of aromatic spices including: Coriander, cardamom, cumin, ginger, fenugreek, turmeric and garlic	
Jalfrezi (fairly hot dish)	£12.95
Prepared with green chilli, onions, capsicums and aromatic spices to produce a rich spicy thick curry	
Rogan Josh (medium dish)	£10.95
With tomatoes, onions capsicums, and fresh coriander	
Vindaloo (hot & spicy dish)	£10.95
Similar to Madras but with the addition of black pepper & tomato puree and stronger use of spices to produce a hot curry	
Pathia (sweet, sour & hot)	£10.95

Original Balti Dishes

Chicken, Lamb Balti	£12.95
Chicken, Lamb Vegetable Balti	£12.95
Chicken, Lamb and Mushroom Balti	£12.95
Prawn Balti	£12.95
Prawn, Vegetable, Saagwala & Mushroom Balti	£12.95
King Prawn Balti	£17.95

Biryani Selection

Special Basmati rice with chicken, lamb, prawn or vegetable in butter ghee & herbs. It is not a curry but it is served with a special vegetable sauce to compliment the dish.

Chicken or Lamb or Prawn Biryani 	£13.95
King Prawn Biryani 	£17.95
Chicken Tikka Biryani 	£14.95
Vegetable Biryani 	£11.95
Sitar Special Biryani (mixed with omelette) 	£15.95
Tandoori Chicken Biryani (massala sauce) 	£14.95